



Mental Switch

Inner Transformation

By

R.R. Sharath Singh

Life Coach | Speaker | Author | Entrepreneur



Who Is R.R. Sharath Singh



R.R. Sharath Singh is a passionate storyteller and a renowned expert in Neuro-Linguistic Programming (NLP). Committed to personal development, he empowers individuals to unlock their potential through transformative techniques and insightful storytelling.

With years of experience in NLP and self-improvement, Sharath has guided countless individuals in mastering their minds and achieving their dreams. His book **Sky Monk** simplifies NLP principles through an engaging narrative, making self-growth accessible to all.

Core Expertise & Specializations

- > Neuro-Linguistic Programming (NLP)
- > Leadership Development
- > Corporate Training & Coaching
- > Personal Growth & Mindset Coaching
- > Experiential Learning Techniques



Career Journey

R. Sharath Singh is a renowned life coach, speaker, and author, specializing in neuroscience-driven learning. He simplifies complex concepts for corporate professionals and educational institutions.

- ◆ **Life Coach & Speaker** – Specializing in neuroscience-based learning & leadership.
- ◆ **Author of *Sky Monk*** – Simplifies NLP techniques for personal growth.
- ◆ **Corporate Trainer** – Worked with Accenture, AT&T, Cognizant, HCL, Amazon and many more
- ◆ **Educational Consultant** – Enhancing learning through neuroscience in schools & colleges.

Achievements & Notable Projects

- ✓ Trained Fortune 500 professionals in leadership & productivity.
- ✓ Designed innovative learning models for corporate & education sectors.
- ✓ Led high-impact workshops on personal & professional growth.
- ✓ Implemented advanced training programs in leading MNCs & institutions.

Industry Experience





Work Experience (Current & Past Roles)

- > Founder & Lead Coach, Mental Switch
- > Consultant for Corporate Training & Personal Development
- > Speaker at National & International Conferences

Achievements & Key Contributions

- > Author of "Sky Monk" – a book on NLP and personal growth
- > Conducted 196+ hours of coaching across 18 venues
 - > Travelled over 2,800 km delivering transformative sessions
- > Impacted thousands of individuals through workshops and seminars



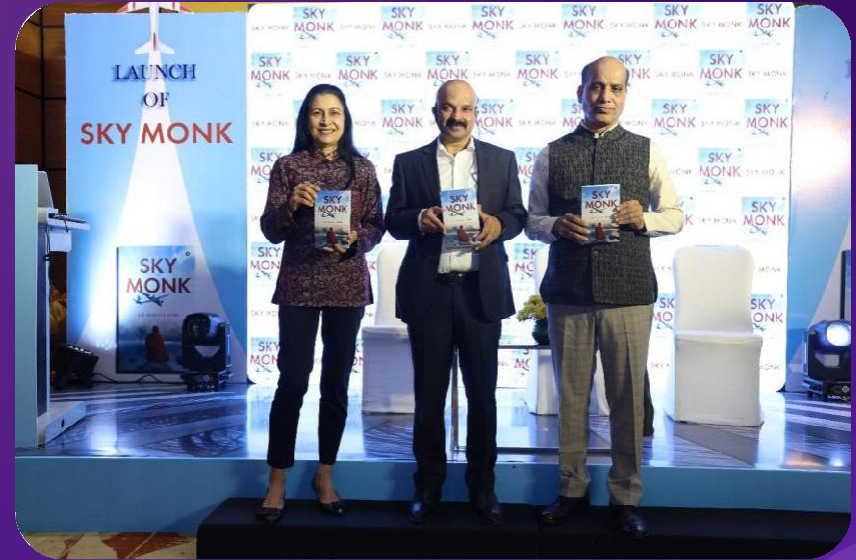
Notable Projects Handled



- > Leadership training for Fortune 500 companies
- > Personal transformation workshops for young professionals
- > Keynote addresses at major industry events

Media Coverage & Published Works

- > Featured in leading newspapers and TV channels
- > Published articles on NLP, leadership, and mindset coaching
- > Event photos showcasing workshops, keynote speeches, and training sessions



பெங்களூருவில் மென் டல் ஸ்விட்ச் அமைப்பின் சார்பில் மன அழுத்தத்து டன் வராமல்து வரும் மாற்று நன்மைகளை வழங்குகி றது. சிகிச்சை அல்லது கய பிரதிபலிப்பை மட்டுமே நம்புவதற்குப் பதிலாக,

A Moment of Pride

DELHI WIRE

CERTIFICATE

OF ACHIEVEMENT

This is to certify that

R.R. Sharith Singh's

Book Sky Monk is listed under,

TOP 10 BOOKS OF THE MONTH

(APRIL 2025)

We appreciate his/her outstanding work in literary field.

DATE

20-4-2025



Master chef Challenge, Team building



CORPORATE - TEAM BUILDING



CORPORATE – TEAM BUILDING



CORPORATE - TEAM BUILDING



Bridging Gaps, Building Futures



> At Mental Switch, we're a Business for Good—unlocking limitless potential today while investing in the children who will shape tomorrow.



Impact Through Action



> We turn intent into impact, aligning our work with meaningful projects.



> Every interaction with Mental Switch creates a ripple of change for underprivileged children. Partnering with us means growing together—while building a brighter future for all.

Empowering Hygiene



- > Mental Switch proudly takes a meaningful step towards promoting menstrual hygiene and environmental sustainability.
- > Over the next six months, we will donate an additional **100 machines to communities** in need, with a special focus on all-girls government residential schools.
- > **Our ambitious goal?** To successfully dispose of 1.2 crore sanitary pads every month, ensuring a cleaner and healthier environment

Contact Information

Transform Your Life with R. Sharath Singh



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Thanks!

Do you have any questions?

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